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**Note****Inhibition of glucose utilization in uremia by hippurate: liquid chromatographic isolation and mass spectrometric and nuclear magnetic resonance spectroscopic identification**

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Uremic subjects suffer from inhibited glucose utilization caused by insulin resistance [1]. The inhibition was localized at the post-receptor level [2,3], and one of the inhibitors was identified to inhibit glucose utilization at the P-fructokinase level [4]. However, the comparison of isolation protocols with another crude inhibitor participating in insulin resistance [5,6] excluded their identity. As a result, an intensive study of serum and urinary inhibitory activities was started. One of them was found to be caused by hippurate, and this paper presents the evidence on its significance.

**EXPERIMENTAL***Urine samples*

Overnight urine collections were obtained from patients with serum creatinine concentrations over 300  $\mu\text{M}$ . The samples were collected without preservatives and stored at  $-20^\circ\text{C}$  until freeze-dried. A freeze-dried urine sample

was dissolved in a small amount of 0.03 *M* acetic acid. After gentle mixing for 10 min, the sample was filtered and applied to the column.

#### *Urine fractionation*

A 150-ml filtered sample of urine was applied to a 200 cm × 2.6 cm I.D. Sephadex G-15 column (Pharmacia, Uppsala, Sweden) equilibrated and eluted with 0.03 *M* acetic acid at a flow-rate of 2 ml/min. The absorbance at 254 nm ( $A_{254}$ ) was continuously registered with Uvicord S (LKB, Bromma, Sweden), and the eluate was collected with a fraction collector FCC 60 (Laboratorní přístroje, Prague, Czechoslovakia). Collected fractions were pooled according to  $A_{254}$  maxima.

The freeze-dried inhibitory fraction obtained was dissolved in a small amount of water and applied to a 40 cm × 2.6 cm I.D. Dowex 50W-X8 column (Serva, Heidelberg, F.R.G.) in  $H^+$  cycle equilibrated and eluted with water. According to  $A_{254}$  the eluate was collected in a fraction collector.

The freeze-dried inhibitory fraction was also applied to a preparative reversed-phase 20 cm × 1.6 cm I.D. column filled with Separon SGX  $C_{18}$ , 60  $\mu m$  particle size (Tessek, Prague, Czechoslovakia). The mobile phase was 0.2 *M* acetic acid–methanol (8:2, v/v). The pH of the solution was adjusted to 6.5 by the addition of concentrated ammonia.  $A_{254}$  was continuously registered with the Uvicord S.

#### *Inhibitor purity and structure*

*Purity.* The purity of the inhibitor was tested on a modular high-performance liquid chromatographic (HPLC) system (Gilson, Middleton, WI, U.S.A.) with an analytical reversed-phase column (15 cm × 0.33 cm I.D.) filled with Separon SGX  $C_{18}$ , 8  $\mu m$  particle size (Laboratorní přístroje) at 240 nm and the same mobile phase as in the preparative mode. A Rapid Spectral Detector (LKB) was used for spectral analyses of the isolated fraction and synthetic hippurate.

*Structure.* The  $^{13}C$  proton decoupled spectra were recorded on a Varian VXR 300 spectrometer (Varian, Palo Alto, CA, U.S.A.) in 0.1 *M* [ $^2H_6$ ]dimethylsulphoxide solution and 5 mm O.D. tubes at 75.4 MHz. The spectral width of 16 kHz was chosen with 64 000 data points. The molecular mass of the inhibitor was determined by mass spectrometry on a System 5985 gas chromatograph–mass spectrometer (Hewlett-Packard, Palo Alto, CA, U.S.A.).

#### *Biological activity*

The inhibition of glucose utilization was tested *in vitro* on rat hemidiaphragm (striated muscle) incubated in Krebs–Henseleit bicarbonate medium containing 5 mM glucose with or without the addition of the tested fraction or hippurate. Incubation was performed in a Dubnoff shaker under an atmosphere of  $O_2$ – $CO_2$  (0.95:0.05) at 37°C for 1 h. The details of the procedure and

the effect of hippurate on glucose utilization have been published elsewhere [8].

## RESULTS AND DISCUSSION

### *Isolation of the inhibitory activity*

The acid filtrate of the concentrated urine was fractionated by gel permeation chromatography (Fig. 1). All the UV-absorbing fractions were collected and freeze-dried, and individual peaks were tested on rat hemidiaphragms. Just two fractions inhibited glucose utilization, one with  $K_{av} = 0.57$ , containing a previously isolated inhibitor [4], and another one with  $K_{av} = 1.03$ . This structurally undefined fraction was purified further.

The freeze-dried fraction was separated by cation-exchange chromatography (Fig. 2a). The cation resin was also effective for separating some anions or uncharged substances. The inhibitory fraction did not bind to the resin and was eluted with water as the last fraction. No inhibitory activity was found in the fractions eluted with 2 M ammonia.

Reversed-phase chromatography on a  $C_{18}$  column purified the inhibitory activity further (Fig. 2b).

### *Purity and structure*

The fraction from the  $C_{18}$  column was found to be homogenous (Fig. 3) by analytical reversed-phase HPLC with a purity over 96%, and the remaining

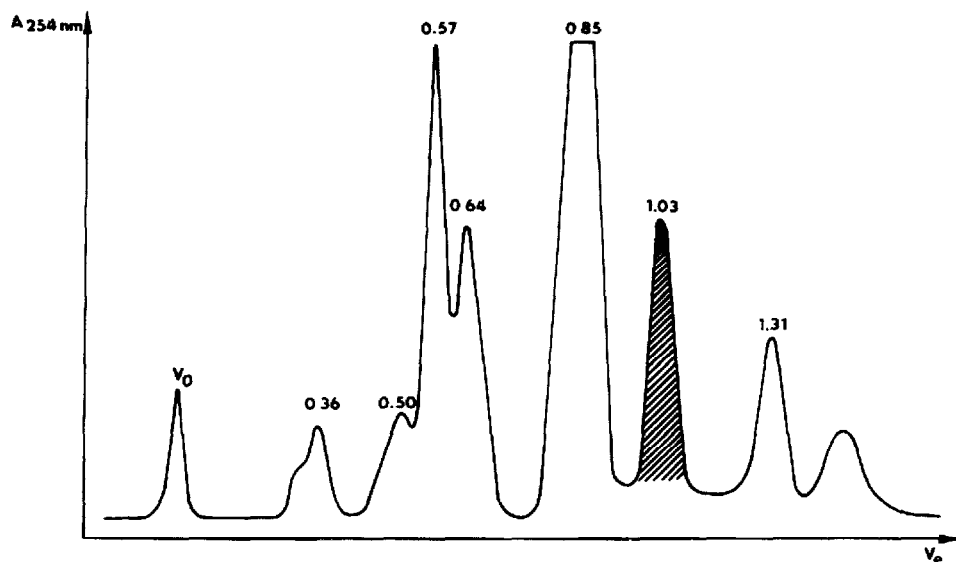


Fig. 1. Gel permeation chromatography on a 200 cm  $\times$  2.6 cm I.D. Sephadex G-15 column, eluted with 0.03 M acetic acid. The numbers above the peaks are  $K_{av}$  values calculated for each peak [ $K_{av} = (V_e - V_0)/(V_t - V_0)$ ]. The shaded peak marks the inhibitory activity.

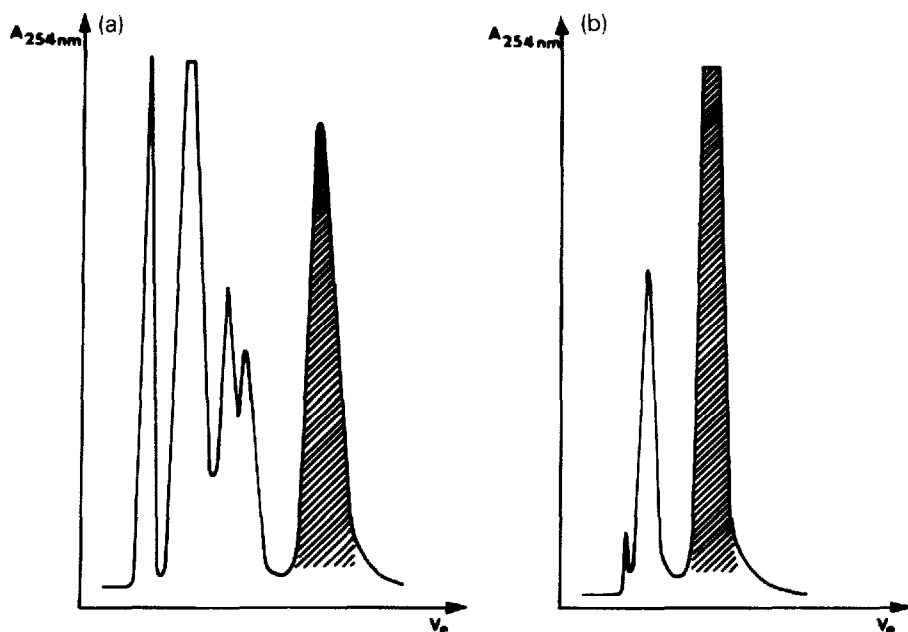


Fig. 2. Separation of inhibitory activity obtained from Sephadex G-15 fractionation using (a) cation resin (40 cm  $\times$  2.6 cm I.D. Dowex 50W-X8 column, eluted with water) and (b) reversed-phase chromatography (20 cm  $\times$  1.6 cm I.D. Separon SGX C<sub>18</sub> column, 60  $\mu$ m particle size, eluted with 0.2 M acetic acid-methanol, 8:2, v/v, pH 6.5).

impurities were removed by repeated chromatography under the same conditions.

Spectral analysis of the isolated fraction and synthetic hippurate revealed no differences in their spectra (Fig. 4). The NMR spectrum (Fig. 5) pointed unambiguously to the hippurate, and this conclusion was verified by the analysis of synthetic hippurate. The molecular mass was determined by MS ( $m/z^+ 179$ ).

#### *Hippurate effects*

Hippurate is a well known conjugation product, which was supposed to be just an endogenous end-product of benzoate compounds. This conjugate is extremely effectively excreted by the kidney. Now, it appears that it inhibits glucose utilization at concentrations found in the sera of uremic subjects [7]. Moreover, it interferes with the protein binding of various drugs, increasing their free-form concentrations, and interferes with the excretion of organic anions in the proximal tubule of the kidney. These, as well as other effects, make hippurate a very intensively studied compound [8-11].

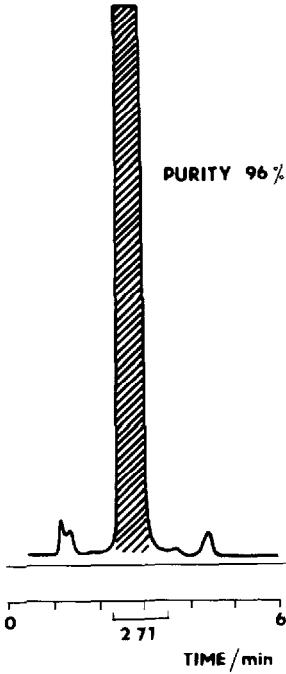


Fig. 3 Analytical high-performance liquid chromatography on a 15 cm  $\times$  0.33 cm I.D. Separon SGX C<sub>18</sub> column (7  $\mu$ m particle size).

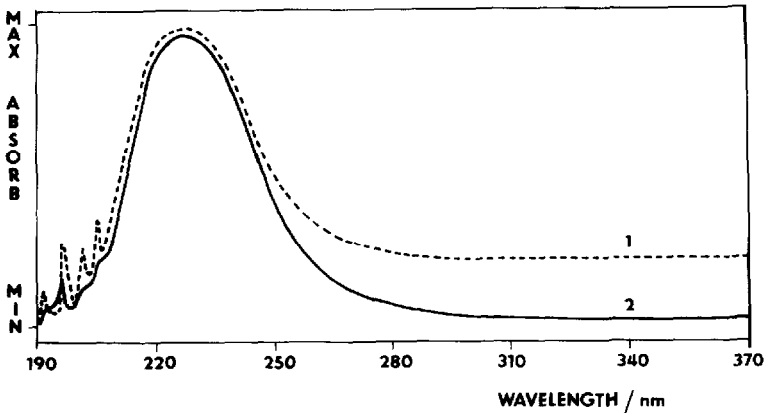


Fig. 4. Spectral analysis of (1) synthetic hippurate and (2) isolated inhibitory fraction.

#### *Uremic toxicity*

More than twenty compounds were isolated from urine or serum of uremic patients [12], and some classical liquid chromatographic urine fractionations stressed the accumulation of many unidentified fractions or modulators [13].

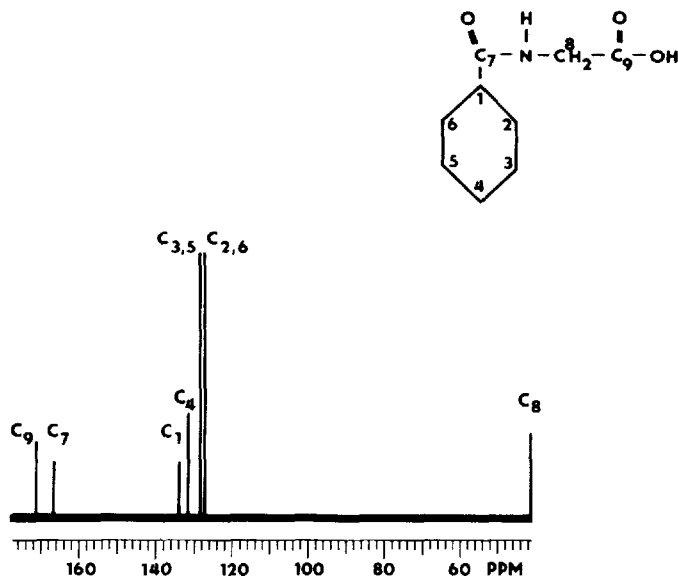


Fig. 5.  $^{13}\text{C}$  NMR spectrum of isolated inhibitory fraction.

Most of them are of unknown significance, and therefore their descriptions have not attracted the interest of clinical nephrologists. It could, however, be suggested that the experience with hippurate will stimulate interest in further isolation and screening of their biological effects according to accepted criteria [14].

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